

LESSON 9

Song

Heads, shoulders, knees and toes
Knees and toes,
Heads, shoulders, knees and toes
Knees and toes
And eyes and ears and mouth and nose
Heads, shoulders, knees and toes
Knees and toes!

Play time

TEDDY SAYS...

Touch your HEAD
Touch your KNEES etc

Song

Hokey Cokey

Put your right HAND in
Your right HAND out
In, out, in, out,
Shake it all about!
We do the Hokey Cokey and we turn around
That's what it's all about!

Ooooooooooh the Hokey Cokey!
Ooooooooooh the Hokey Cokey!
Ooooooooooh the Hokey Cokey!
Knees bend, arms stretch rah, rah, rah!

Put your left HAND in....
Put your right FOOT in...
Put your left FOOT in...
Put your WHOLE SELF in....